PALS
Patient Advice and Liaison Service
For information about CPFT services or to raise an issue, contact PALS on Freephone 0800 376 0775, or e-mail pals@cpft.nhs.uk
Out-of-hours service for CPFT service users

0800 052 22 52

Mondays to Fridays from 5pm to 8pm; Saturdays, Sundays and bank holidays from 8am to 8pm.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.

More information
Cambridgeshire and Peterborough NHS Foundation Trust
HQ Elizabeth House, Fulbourn Hospital, Cambridge, CB21 5EF.
Telephone 01223 726789
Fax 01480 398501
Email communications@cpft.nhs.uk
Website www.cpft.nhs.uk
Who are we and what can we offer you

The Community Neuro-Rehabilitation team works with people aged 18 and above with acquired and long-term neurological conditions, helping them to achieve maximum independence in all aspects of daily life.

The team works with people in the most appropriate setting which may either be in an outpatient clinic, in their own home or in a community setting e.g. a local gym or the person’s workplace. The service provides for people with neurological impairments caused by condition including spinal cord injuries, traumatic brain injury, multiple sclerosis, Parkinson’s disease, and Motor Neurone disease.

What is neurological rehabilitation?

Neurological rehabilitation is a holistic process that enables a person with a neurological disability to increase their independence and minimise complications that may develop. By setting goals with clinical teams trained in rehabilitation, people are helped to learn and adapt to new ways of functioning.

The service provides assessment, treatment and advice to service users and carers, regarding:

- Mobility, balance, posture
- Self-care and domestic tasks
- Memory, attention and emotional well being, and fatigue
- Work management, education, leisure and driving.

The team aims to:

- Provide timely, specialist assessment
- Offer individualised holistic rehabilitation and advice
- Work with person to enable them to achieve realistic rehab goals with an emphasis on maximising quality of life.

Following a specialist assessment, the person may be offered:

- Advice
- Individual treatment programmes
- Group sessions
- Signposting to other community resources
- Planned reviews.

Our Team: A team of specialist therapists (Occupational and Physiotherapists) and therapy assistants.

We have strong links with Parkinson’s disease nurse specialists, multiple sclerosis nurse specialists, speech and language therapists and community teams.

Further information about this service

**Cambridge Community Neuro Rehabilitation Team**
The Old Chapel
Brookfield’s Hospital
351 Mill Road
Cambridge
CB1 3DF
Tel no: 01223 723054
Fax no: 01223 723064
Email: cpm-tr.communityneuroteam@nhs.net

**Ely and Fens Community Neuro Rehab Team**
Therapy Office
Doddington Community Hospital
Benwick Road
Doddington
March
PE15 0UG
Telephone 0844 931 0045 - Option 3 (Community Rehab)
Email: cpm-tr.communityrehabECF@nhs.net

**Huntingdonshire Community Neuro Rehab Team**
Hinchingbrooke Rehabilitation Unit
Hinchingbrooke Hospital
Hinchingbrooke Park
Huntingdon
Cambridgeshire
PE29 6NT
Tel No: 01480 418526
Email: cpm-tr.communityrehabhunts@nhs.net

**Peterborough Community Neuro Rehab Team**
City Care Centre
Thorpe Road
Peterborough
Cambridgeshire
PE27 4LG
Telephone 01733 776227