

Peer Employment - cohort 9!

In April 2016 the Peer Employment Team hosted an information session at Recovery College East in Cambridge for anyone interested in finding out more about peer employment training.

More than 40 people came along to hear about the training and how to apply. This information session is compulsory for anyone interested in applying for the training. Twelve students were



successful and are currently completing their training, which consists of 16 modules, one day a week over a 12-week period at Recovery College East in Cambridge.

Their graduation ceremony will take place on 29 July at Ida Darwin, Cambridge. The graduation day will consist of keynote speakers, graduates' speeches, certificate presentations, followed by a celebration cake and light refreshments to mark their achievements.

If you would like to find out more about coming along to Cohort 9 graduation day or about the next peer employment training, please contact Cheril Barks, Senior Recovery Project Administrator, on 01733 748394 or e-mail: cheril.barks@cpft.nhs.uk.

For information regarding peer employment, peer support and recovery topics, please go to the CPFT website page: www.cpft.nhs.uk/patients/peer-support.htm

New peer working leaflets available

'What is a Peer Worker?'

This leaflet is aimed at community teams and wards, giving guidance on how you can access and work with a peer worker. It also gives an overview of what a peer worker is, the ethos surrounding their role, what you can expect from a peer worker and how they can support you.

'Peer Employment Training'

This leaflet is aimed at anyone who may be interested in booking a place on to an information session or would like to find out more about peer employment training. It gives an overview of the training, who can apply and how the peer employment scheme works. It also covers the role of a peer worker and what recovery means. There are also useful CPFT website links.

If you would like a copy of either leaflet, Please contact Cheril Barks, Senior Recovery Project Administrator, on 01733 748394 or you can e-mail cheril.barks@cpft.nhs.uk

You can also download a free copy from the CPFT peer support website page at www.cpft.nhs.uk/patients/peer-support.htm

