

## CAMH Foundation Module

### Course overview

This course aims to give those practitioners whose roles and responsibilities mean that they are required to work in a more targeted way to meet the mental health needs of the children and young people an opportunity to develop their knowledge and skills in relation to this important component of their work. The course content includes wide ranging subject matter including specific sessions on aspects of mental health from clinical practitioners.

This course is evidence – based, consistently reviewed and robustly evaluated. Research clearly shows the link between emotional wellbeing and attainment for example

- Promoting children and young people's emotional health and wellbeing. A whole school and college approach. PHE (2015)
- What works in promoting social and emotional wellbeing and responding to mental health problems in schools? National Children's Bureau (2016)

### The course is intended to support participants to;

- Assess vulnerability to developing mental health problems and identify appropriate interventions to build resilience
- Feel confident in engaging with children, young people and their families regarding mental health issues
- Assess mental health risk and identify mental health needs when working with children and young people
- Identify the most appropriate interventions to meet identified mental health needs
- Understand the policy context and roles and responsibilities in comprehensive CAMH services
- Understand when and how to access other services including specialist CAMH Services
- Access and evaluate reliable information and resources for both practitioners and young people and families
- Understand and respond to a range of specific issues including for example self-harm, depression, anxiety, ADHD, disruptive behaviour, mental health of those with learning disabilities, etc.
- Reflect on their mental health practice and recognise the needs of practitioners, as well as when and how to seek support and advice
- Understand how best to work collaboratively in a complex multi-agency CAMH context.

### You will need:

Backing from your senior management team.

Feel emotionally robust to consider and reflect upon upsetting and challenging material

### Times, dates and venue:

TBC Starting in September 2020 (course will run over autumn and spring terms)

**Cost:** £1,250

**On completion:** You will receive a Trust Certificate of learning

To apply please use the electronic application form by clicking on the link below

<https://www.surveymonkey.co.uk/r/CAMHFM2020>

For more information, please email  
[CAMHTrainingadministrator@cpft.nhs.uk](mailto:CAMHTrainingadministrator@cpft.nhs.uk)



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