Child and Adolescent Mental Health (CAMH) Training

NHS
Cambridgeshire and Peterborough
NHS Foundation Trust

Who are we?
The Child and Adolescent Mental Health Training Team sits within the wider Cambridge and Peterborough NHS Foundation Trust's Learning and Development Team. The programme is developed and overseen by our CAMH Learning and Development Consultant and supported by the CAMH Training Administrator. Our trainers come from a wide knowledge base of experienced CAMHS Clinicians and other subject experts.

Raising achievement through wellbeing

This level 1 training is for all those who work with children and young people, providing a basic understanding and awareness of emotional wellbeing and mental health needs

Learning objectives:

- Identify those factors that might increase the risk of developing a mental health problem
- Consider the cause and consequences of stigma and discrimination relating to mental health
- Consider your own values and attitudes about mental health and how these may influence your work with children and young people
- Understand how to assess and identify the mental health needs of children and young people
- Understand how to identify the most appropriate response to meet those needs
- Understand roles and responsibilities – yours and those of others – in meeting the mental health needs of children and young people
- Understand when and how to refer to other services including specialist CAMHS
- Be able to identify opportunities for inter- professional working

This online course includes a workbook, online activities, eLearning, unit quizzes and comprehensive resources. The course can be completed at a time and place to suit the learner. You will need access to a computer with internet access. A certificate is available to download once the course has been completed

This course has been updated for September 2018 and includes special sections for schools using the models for whole school approaches formulated by Public Health England and the National Children's Bureau. It provides frameworks for addressing stigma; promoting emotional wellbeing and resilience; the early identification of vulnerable children and young people with emerging mental health needs; the organisation of CAMHS and the roles and responsibilities of partner organisations such as schools; staged interventions, including crisis intervention and how and when to refer to other services and the wellbeing of the workforce. The programme is regularly updated to reflect new policies and initiatives both nationally and locally

Cost: £25 To apply, please complete the online application
https://www.surveymonkey.co.uk/r/IOTWonlineapplication

Email: CAMH.TrainingAdministrator@cpft.nhs.uk