

Home Visits

Home visits can only be considered for patients who are totally housebound and meet our eligibility criteria. We will tell you the appointment date and whether we plan to visit in the morning or afternoon but we are unable to provide an exact time.

If eligible, for these visits please help us by:

- contacting the podiatrist if you cannot answer the door and need to make special arrangements
- ensuring you can be treated in a well lit room
- providing a clean towel for the podiatrist
- keeping pets in another room whilst you are being treated
- ensuring the room is well ventilated at least 30 minutes before your visit is due if you smoke

Your rights to our care

The work of the podiatry department is an important part of the Cambridgeshire and Peterborough NHS Foundation Trust which is committed to caring for you with consideration and respect. If you have any problems when using our services please contact:

Podiatry Services Manager, Oaktree Centre, Huntingdon, PE29 7HN

Tel: 03307 260077

Email: cpm-pr.Podiatry@nhs.net

For further information about this service contact:

Tel: 03307 260077

Email: cpm-tr.podiatry@nhs.net

Cambridgeshire and Peterborough NHS Trust

Tel: 01223 726789

Email: communications@cpft.nhs.uk

Website: www.cpft.nhs.uk

Patient Advice and Liaison Service

For information about CPFT services or to raise an issue, contact the Patient Advice and Liaison Service (PALS) on Freephone 0800 376 0775, or e-mail pals@cpft.nhs.uk

Out-of-hours service for CPFT mental health service users

Please call **NHS 111** for health advice and support.

If you require this information in another format such as braille, large print or another language, please let us know.

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CPFT supports the **HeadtoToe Charity** – visit www.HeadToToeCharity.org for details on how you can help

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NHS

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Peterborough
NHS Foundation Trust

Podiatry Service Information



What is Podiatry

Podiatrists work to improve the mobility, independence and the quality of life for patients by providing preventative care, diagnosis and treatment of a wide range of problems affecting the feet, ankles and lower limbs.

At your first appointment

Please arrive for your appointment on time and remove all powder, cream and nail polish beforehand.

To assess your needs and determine whether we can treat you, the podiatrist will need to:

- ask you about your general health, any prescribed medication you are taking and whether you are allergic to any products, particularly those coming into contact with your skin e.g. latex rubber, iodine. Please bring a list of your medication with you.

- ask you about your particular foot problem. Your feet will then be examined and the circulation and sensation checked.

- Look at your footwear. Please bring along your most frequently worn shoes.

- The podiatrist will explain exactly what your treatment will involve, for example, what instruments or equipment will be used. If protective padding or dressings are needed, you will be advised how to look after them between visits.

- It is important that you follow the podiatrist's advice carefully. Do please ask questions if you don't understand and tell the podiatrist if you have difficulty looking after your feet or following your treatment plan.

- A treatment plan will be agreed with you which outlines what both the podiatrist and you (or your carer) need to do to treat your condition. A printed copy will be provided.

If the Podiatrist at this stage finds that your footcare needs cannot be met by our service he/she will explain the reason for this and advise you on the options available.

If your course of treatment has come to an end you will be given advice on the continuing care of your feet. The podiatrist will also explain to you what to do if your feet deteriorate and you require further treatment.

Keeping in touch with your GP

We keep your GP informed about the treatment you are receiving from us and tell your doctor when treatment ends. If you would like a copy of any written correspondence, please let the podiatrist know.

If you cannot keep your appointment

We want to assess and treat people without undue delay. To do this we need to make sure appointments are not wasted. If unable to attend please notify us as soon as possible so we can rearrange your appointment. The Podiatry Service has a discharge policy for new patients who fail to attend their initial appointment and you will need to make a new referral if you still need to be seen.