### AUTUMN 2019 TIMETABLE

**Term Dates:** Mon 09 September – Fri 13 December  
(Half Term: Mon 21 Oct – Fri 25 Oct)

**Last Updated:** Wed 11 Sep 19 10:15

Courses in **Cambridge** are listed first & shaded blue. They will be held at **Recovery College East**, 128-130 Tenison Road, Cambridge, CB1 2DP unless otherwise indicated.

Courses in **Peterborough** are listed second & shaded green. They will be held at **Recovery College East**, Gloucester Centre, Morpeth Close, Orton Longueville, Peterborough, PE2 7JU unless otherwise indicated.

<table>
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<tr>
<th>Registration Week</th>
<th>Mon 09 September</th>
<th>Tue 10 September</th>
<th>Wed 11 September</th>
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# AUTUMN 2019 TIMETABLE

**Term Dates:** Mon 09 September – Fri 13 December  
**Half Term:** Mon 21 Oct – Fri 25 Oct  
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<table>
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## AUTUMN 2019 TIMETABLE

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<table>
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<th>Mon 23 September</th>
<th>Tue 24 September</th>
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<th>Fri 27 September</th>
</tr>
</thead>
</table>
| **LET’S TALK ABOUT... CO-PRODUCTION**  
Cambridge  
10.30am - 12.30pm  
(1 of 1) | **CO-PRODUCTION: NEW COURSES**  
Cambridge  
1.30pm - 4pm  
(1 of 1) | **SPEAK YOUR MIND MAGAZINE WORKSHOP**  
Cambridge  
10.30am - 12.30pm  
(1 of 1) | **MONEY MATTERS**  
Cambridge  
10am - 12.30pm  
(1 of 4) | **CO-PRODUCTION**  
Cambridge  
10am - 12.30pm  
(1 of 4) | **SPEAK YOUR MIND WRITERS’ WORKSHOP**  
Cambridge  
1.30pm - 3.30pm  
(1 of 1) | **BREATHING SPACE**  
Cambridge  
1.30pm - 3.30pm  
(1 of 3) | **CO-PRODUCTION: NEW COURSES**  
Cambridge  
10am - 12.30pm  
(1 of 4) | **CO-PRODUCTION**  
Cambridge  
10am - 12.30pm  
(1 of 4) |
| **CREATIVE WRITING FOR RECOVERY**  
Peterborough  
9am - 5pm  
(1 of 3) | **STAFF ONLY** | **TRAIN THE TRAINER**  
Peterborough  
9am - 5pm  
(1 of 3) | **STAFF ONLY** | **STAFF ONLY** |

**Week 1**

<table>
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<tr>
<th>Mon 23 September</th>
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</thead>
</table>
| **LET’S TALK ABOUT... CO-PRODUCTION**  
Peterborough  
10.30am - 12.30pm  
(1 of 1) | **SPEAK YOUR MIND MAGAZINE WORKSHOP**  
Peterborough  
10.30am - 12.30pm  
(1 of 1) | **COLLEGE CLOSED** | **CREATIVE WRITING FOR RECOVERY**  
Peterborough  
10.30am - 12.30pm  
(1 of 4) | **TRAIN THE TRAINER**  
Peterborough  
9am - 5pm  
(1 of 3) | **STAFF ONLY** |
| **CO-PRODUCTION: RECOVERY THROUGH ACTIVITY**  
Peterborough  
1pm - 4pm  
(1 of 1) | **SPEAK YOUR MIND WRITERS’ WORKSHOP**  
Peterborough  
1.30pm - 3.30pm  
(1 of 1) | **CO-PRODUCTION: NEW COURSES**  
Peterborough  
1.30pm - 4pm  
(1 of 1) | **STAFF ONLY** | **STAFF ONLY** |

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<table>
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<tr>
<th>Mon 30 September</th>
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<tbody>
<tr>
<td><strong>INTRODUCTION TO RECOVERY COLLEGE EAST</strong>&lt;br&gt;Cambridge&lt;br&gt;10.30am - 12.30pm (1 of 1)</td>
<td><strong>COLLEGE CLOSED</strong></td>
<td><strong>TRAIN THE TRAINER</strong>&lt;br&gt;Cambridge&lt;br&gt;9am - 5pm (1 of 3)&lt;br&gt;<strong>STAFF ONLY</strong></td>
<td><strong>MONEY MATTERS</strong>&lt;br&gt;Cambridge&lt;br&gt;10am - 12.30pm (2 of 4)</td>
<td><strong>COLLEGE CLOSED</strong></td>
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<tr>
<td><strong>CO-PRODUCTION: EQUALITY, DIVERSITY AND INCLUSION</strong>&lt;br&gt;Cambridge&lt;br&gt;1.30pm - 4pm (1 of 1)</td>
<td></td>
<td><strong>BREATHING SPACE</strong>&lt;br&gt;Cambridge&lt;br&gt;1.30pm - 3.30pm (2 of 3)</td>
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<tr>
<td>Mon 30 September</td>
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<td>Wed 02 October</td>
<td>Thu 03 October</td>
<td>Fri 04 October</td>
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<tr>
<td><strong>COLLEGE CLOSED</strong></td>
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<td><strong>BECOMING MORE ASSERTIVE</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (1 of 3)</td>
<td><strong>CREATIVE WRITING FOR RECOVERY</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (2 of 4)</td>
<td><strong>TRAIN THE TRAINER</strong>&lt;br&gt;Peterborough&lt;br&gt;9am - 5pm (2 of 3)&lt;br&gt;<strong>STAFF ONLY</strong></td>
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<td><strong>E, D &amp; I UNDERSTANDING RESILIENCE</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 3.30pm (1 of 1)</td>
<td><strong>LET'S TALK ABOUT... WEARING A RAINBOW BADGE</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 3.30pm (1 of 1)&lt;br&gt;<strong>STAFF ONLY</strong></td>
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<td><strong>LET'S TALK ABOUT... VOLUNTEERING</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 3.30pm (1 of 1)</td>
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## AUTUMN 2019 TIMETABLE

Term Dates: Mon 09 September – Fri 13 December   (Half Term: Mon 21 Oct – Fri 25 Oct)

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### Week 3

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<th>Thu 10 October</th>
<th>Fri 11 October</th>
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<tbody>
<tr>
<td><strong>NEXT STEPS: GROUP SESSION</strong>&lt;br&gt;Cambridge&lt;br&gt;10am - 12noon&lt;br&gt;(1 of 2)</td>
<td><strong>COLLEGE CLOSED</strong></td>
<td><strong>TRAIN THE TRAINER</strong>&lt;br&gt;Cambridge&lt;br&gt;9am - 5pm&lt;br&gt;(2 of 3)&lt;br&gt;<strong>STAFF ONLY</strong></td>
<td><strong>MONEY MATTERS</strong>&lt;br&gt;Cambridge&lt;br&gt;10am - 12.30pm&lt;br&gt;(3 of 4)</td>
<td><strong>COLLEGE CLOSED</strong></td>
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<tr>
<td><strong>LET'S TALK ABOUT... VOLUNTEERING</strong>&lt;br&gt;Cambridge&lt;br&gt;1pm - 3pm&lt;br&gt;(1 of 1)</td>
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<tr>
<th>Mon 07 October</th>
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<tbody>
<tr>
<td><strong>NEXT STEPS: GROUP SESSION</strong>&lt;br&gt;Peterborough&lt;br&gt;10am - 12noon&lt;br&gt;(1 of 2)</td>
<td><strong>BECOMING MORE ASSERTIVE</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm&lt;br&gt;(2 of 3)</td>
<td><strong>CREATIVE WRITING FOR RECOVERY</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm&lt;br&gt;(3 of 4)</td>
<td><strong>COLLEGE CLOSED</strong></td>
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<tr>
<td><strong>CO-PRODUCTION: EQUALITY, DIVERSITY AND INCLUSION</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 4pm&lt;br&gt;(1 of 1)</td>
<td><strong>LET'S TALK ABOUT... WORLD MENTAL HEALTH DAY</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 3.30pm&lt;br&gt;(1 of 1)</td>
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## AUTUMN 2019 TIMETABLE

**Term Dates:** Mon 09 September – Fri 13 December  
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### Mon 14 October
- **MENTAL HEALTH THROUGH THE AGES**  
  Cambridge  
  10.30am - 12.30pm  
  (1 of 1)

### Tue 15 October
- **COLLEGE CLOSED**

### Wed 16 October
- **TRAIN THE TRAINER**  
  Cambridge  
  9am - 5pm  
  (3 of 3)  
  **STAFF ONLY**

### Thu 17 October
- **MONEY MATTERS**  
  Cambridge  
  10am - 12.30pm  
  (4 of 4)

### Fri 18 October
- **COLLEGE CLOSED**

### Week 4

#### Mon 14 October
- **LET’S TALK ABOUT… QUALITY IMPROVEMENT**  
  Cambridge  
  1.30pm - 3.30pm  
  (1 of 1)

#### Tue 15 October
- **CO-PRODUCTION: NEW COURSES**  
  Peterborough  
  10am - 12.30pm  
  (1 of 1)

#### Wed 16 October
- **BECOMING MORE ASSERTIVE**  
  Peterborough  
  10.30am - 12.30pm  
  (3 of 3)

#### Thu 17 October
- **CREATIVE WRITING FOR RECOVERY**  
  Peterborough  
  10.30am - 12.30pm  
  (4 of 4)

#### Fri 18 October
- **TRAIN THE TRAINER**  
  Peterborough  
  9am - 5pm  
  (3 of 3)  
  **STAFF ONLY**

### Mon 14 October
- **DE-CLUTTERING FOR A CALMER HOME**  
  Peterborough  
  1.30pm - 4pm  
  (1 of 1)

### Tue 15 October
- **MENTAL HEALTH THROUGH THE AGES**  
  Peterborough  
  1.30pm - 3.30pm  
  (1 of 1)

### Wed 16 October
- **LET’S TALK ABOUT… QUALITY IMPROVEMENT**  
  Peterborough  
  1.30pm - 3.30pm  
  (1 of 1)

### Thu 17 October
- **BREATHING SPACE**  
  Cambridge  
  1.30pm - 3.30pm  
  (3 of 3)

### Fri 18 October
- **COLLEGE CLOSED**

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**HALF TERM**

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<tr>
<td><strong>LET'S TALK ABOUT... RECOVERY COLLEGE EAST</strong>&lt;br&gt;Cambridge&lt;br&gt;10.30am - 12.30pm (1 of 1)&lt;br&gt;&lt;b&gt;STAFF ONLY&lt;/b&gt;</td>
<td><strong>NEXT STEPS: 1-2-1 SESSIONS</strong>&lt;br&gt;Cambridge&lt;br&gt;10.30am - 3pm (1 of 1)</td>
<td><strong>BECOMING MORE CONFIDENT</strong>&lt;br&gt;Cambridge&lt;br&gt;10.30am - 12.30pm (1 of 3)</td>
<td><strong>BECOMING MORE ASSERTIVE</strong>&lt;br&gt;Cambridge&lt;br&gt;10.30am - 12.30pm (1 of 3)</td>
<td><strong>COLLEGE CLOSED</strong></td>
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<tr>
<td><strong>LET'S TALK ABOUT... HEAD TO TOE CHARITY</strong>&lt;br&gt;Cambridge&lt;br&gt;1.30pm - 3.30pm (1 of 1)</td>
<td><strong>CO-PRODUCTION: NEW COURSES</strong>&lt;br&gt;Cambridge&lt;br&gt;1.30pm - 4pm (1 of 1)</td>
<td><strong>E, D &amp; I UNDERSTANDING LGBTQ+</strong>&lt;br&gt;Cambridge&lt;br&gt;1.30pm - 3.30pm (1 of 1)</td>
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**Week 5**

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<td><strong>NEXT STEPS: 1-2-1 SESSIONS</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 3pm (1 of 1)</td>
<td><strong>BECOMING MORE CONFIDENT</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (1 of 3)</td>
<td><strong>EXPLORING OUR LANDSCAPES</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (1 of 4)</td>
<td><strong>LET'S TALK ABOUT... RECOVERY COLLEGE EAST</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (1 of 1)&lt;br&gt;&lt;b&gt;STAFF ONLY&lt;/b&gt;</td>
<td><strong>E, D &amp; I UNDERSTANDING UNCONSCIOUS BIAS</strong>&lt;br&gt;Peterborough&lt;br&gt;10.30am - 12.30pm (1 of 1)</td>
</tr>
<tr>
<td><strong>CREATIVE CONNECTIONS</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 4pm (1 of 6)</td>
<td><strong>CO-PRODUCTION: NEW COURSES</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 4pm (1 of 1)</td>
<td><strong>LET'S TALK ABOUT... HEAD TO TOE CHARITY</strong>&lt;br&gt;Peterborough&lt;br&gt;1.30pm - 3.30pm (1 of 1)</td>
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# AUTUMN 2019 TIMETABLE

Term Dates: Mon 09 September – Fri 13 December  
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| **DE-CLUTTERING FOR A CALMER HOME**  
Cambridge  
10am - 12.30pm  
(1 of 1) | **NEXT STEPS: 1-2-1 SESSIONS**  
Cambridge  
10.30am - 3pm  
(1 of 1) | **BECOMING MORE CONFIDENT**  
Cambridge  
10.30am - 12.30pm  
(2 of 3) | **BECOMING MORE ASSERTIVE**  
Cambridge  
10.30am - 12.30pm  
(2 of 3) | **COLLEGE CLOSED** |
| **'SEND A CARD' PROJECT**  
Cambridge  
1.30pm - 4pm  
(1 of 1) | **COMBATTING STIGMA**  
Cambridge  
1.30pm - 3.30pm  
(1 of 1) | **E, D & I UNDERSTANDING UNCONSCIOUS BIAS**  
Cambridge  
1.30pm - 3.30pm  
(1 of 1) | **E, D & I UNDERSTANDING THE POWER OF LANGUAGE**  
Peterborough  
10.30am - 12.30pm  
(1 of 1) |

### Week 6

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<th>Mon 04 November</th>
<th>Tue 05 November</th>
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<th>Thu 07 November</th>
<th>Fri 08 November</th>
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</table>
| **NEXT STEPS: 1-2-1 SESSIONS**  
Peterborough  
10.30am - 3pm  
(1 of 1) | **BECOMING MORE CONFIDENT**  
Peterborough  
10.30am - 12.30pm  
(2 of 3)  
**DB & MS** | **EXPLORING OUR LANDSCAPES**  
Peterborough  
10.30am - 12.30pm  
(2 of 4) | **LET'S TALK ABOUT... CPFT PRIDE LANGUAGE**  
Peterborough  
10.30am - 12.30pm  
(1 of 1)  
**STAFF ONLY** | **E, D & I UNDERSTANDING THE POWER OF LANGUAGE**  
Peterborough  
10.30am - 12.30pm  
(1 of 1) |
| **CREATIVE CONNECTIONS**  
Peterborough  
1.30pm - 4pm  
(2 of 6) | **RHYTHM OF LIFE**  
Peterborough  
1.30pm - 3.30pm  
(1 of 3) | **LET'S TALK ABOUT... GREEN CARE**  
Peterborough  
1.30pm - 3.30pm  
(1 of 1) | | |
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<th>Thu 14 November</th>
<th>Fri 15 November</th>
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</thead>
</table>
| **INTRODUCTION TO RESEARCH** Cambridge  
10.30am - 1pm  
(1 of 1) | **COLLEGE CLOSED** | **BECOMING MORE CONFIDENT** Cambridge  
10.30am - 12.30pm  
(3 of 3) | **BECOMING MORE ASSERTIVE** Cambridge  
10.30am - 12.30pm  
(3 of 3) | **COLLEGE CLOSED** |
| **LET’S TALK ABOUT... TRANSITIONING TO CARE IN THE COMMUNITY** Cambridge  
1.30pm - 3.30pm  
(1 of 1) | **INTRODUCTION TO MINDFULNESS** Cambridge  
1.30pm - 4pm  
(1 of 1) | **LET’S TALK ABOUT... SELF-DISCLOSURE** Cambridge  
1.30pm - 3.30pm | |
| **MONDAY 18 November** | **TUESDAY 19 November** | **WEDNESDAY 20 November** | **THURSDAY 21 November** | **FRIDAY 22 November** |
| **COLLEGE CLOSED** | **BECOMING MORE CONFIDENT** Peterborough  
10.30am - 12.30pm  
(3 of 3) | **EXPLORING OUR LANDSCAPES** Peterborough  
10.30am - 12.30pm  
(3 of 4) | **E, D & I UNDERSTANDING LGBTQ+** Peterborough  
10.30am - 12.30pm  
(1 of 1) | **COLLEGE CLOSED** |
| **CREATIVE CONNECTIONS** Peterborough  
1.30pm - 4pm  
(3 of 6) | **RHYTHM OF LIFE** Peterborough  
1.30pm - 3.30pm  
(2 of 3) | **LETS TALK ABOUT... TRANSITIONING TO CARE IN THE COMMUNITY** Peterborough  
1.30pm - 3.30pm  
(1 of 1) | |
# AUTUMN 2019 TIMETABLE

Term Dates: Mon 09 September – Fri 13 December  
(Half Term: Mon 21 Oct – Fri 25 Oct)

Last Updated: Wed 11 Sep 19 10:15

## Week 8

<table>
<thead>
<tr>
<th>Mon 18 November</th>
<th>Tue 19 November</th>
<th>Wed 20 November</th>
<th>Thu 21 November</th>
<th>Fri 22 November</th>
</tr>
</thead>
</table>
| **EXPLORING OUR LANDSCAPES**  
Cambridge  
10.30am - 12.30pm  
(1 of 4) | **COLLEGE CLOSED** | **CREATIVE WRITING FOR RECOVERY**  
Cambridge  
10.30am - 12.30pm  
(1 of 4) | **PLANNING FOR STAYING WELL**  
Cambridge  
10.30am - 12.30pm  
(1 of 3) | **COLLEGE CLOSED** |
| **LET'S TALK ABOUT… CPFT PRIDE LANGUAGE**  
Cambridge  
1.30pm - 3.30pm  
(1 of 1) | **STAFF ONLY** | **JOURNALING & SCRAPBOOKING**  
Cambridge  
1.30pm - 3.30pm  
(1 of 4) | **E, D & I UNDERSTANDING RESILIENCE**  
Cambridge  
1.30pm - 3.30pm  
(1 of 1) | |
| **COLLEGE CLOSED** | | **EXPLORING OUR LANDSCAPES**  
Peterborough  
10.30am - 12.30pm  
(4 of 4) | **INTRODUCTION TO RESEARCH**  
Peterborough  
10.30am - 1pm  
(1 of 1) | **E, D & I UNDERSTANDING CULTURE**  
Peterborough  
10.30am - 12.30pm  
(1 of 1) |
| **CREATIVE CONNECTIONS**  
Peterborough  
1.30pm - 4pm  
(4 of 6) | | **RHYTHM OF LIFE**  
Peterborough  
1.30pm - 3.30pm  
(3 of 3) | | |
# Autumn 2019 Timetable

**Term Dates:** Mon 09 September – Fri 13 December  
(Half Term: Mon 21 Oct – Fri 25 Oct) 
**Last Updated:** Wed 11 Sep 19 10:15

<table>
<thead>
<tr>
<th>Week 9</th>
<th>Mon 25 November</th>
<th>Tue 26 November</th>
<th>Wed 27 November</th>
<th>Thu 28 November</th>
<th>Fri 29 November</th>
</tr>
</thead>
</table>
|        | EXPLORING OUR LANDSCAPES  
Cambridge  
10.30am - 12.30pm  
(2 of 4)  
TP & KJ  
| COLLEGE CLOSED | CREATIVE WRITING FOR RECOVERY  
Cambridge  
10.30am - 12.30pm  
(2 of 4)  
| COLLEGE CLOSED | PLANNING FOR STAYING WELL  
Cambridge  
10.30am - 12.30pm  
(2 of 3)  
| COLLEGE CLOSED |
| LET'S TALK ABOUT... INTERNATIONAL DAY OF PERSONS WITH DISABILITIES  
Cambridge  
1.30pm - 3.30pm  
(1 of 1)  
| | JOURNALING & SCRAPBOOKING  
Cambridge  
1.30pm - 3.30pm  
(2 of 4)  
| | E, D & I UNDERSTANDING THE POWER OF LANGUAGE  
Cambridge  
1.30pm - 3.30pm  
(1 of 1)  
| |

<table>
<thead>
<tr>
<th>Mon 25 November</th>
<th>Tue 26 November</th>
<th>Wed 27 November</th>
<th>Thu 28 November</th>
<th>Fri 29 November</th>
</tr>
</thead>
</table>
| COLLEGE CLOSED | BREATHING SPACE  
Peterborough  
10.30am - 12.30pm  
(2 of 3)  
| TRAIN THE TRAINER  
Peterborough  
9am - 5pm  
(1 of 3)  
| | | COLLEGE CLOSED |
| CREATIVE CONNECTIONS  
Peterborough  
1.30pm - 4pm  
(5 of 6)  
| | | | LET'S TALK ABOUT... INTERNATIONAL DAY OF PERSONS WITH DISABILITIES  
Peterborough  
1.30pm - 3.30pm  
(1 of 1)  
| | |

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## AUTUMN 2019 TIMETABLE

**Term Dates:** Mon 09 September – Fri 13 December  
(Half Term: Mon 21 Oct – Fri 25 Oct)

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<table>
<thead>
<tr>
<th>Mon 02 December</th>
<th>Tue 03 December</th>
<th>Wed 04 December</th>
<th>Thu 05 December</th>
<th>Fri 06 December</th>
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</thead>
</table>
| EXPLORING OUR LANDSCAPES  
Cambridge  
10.30am - 12.30pm  
(3 of 4)  | COLLEGE CLOSED  | CREATIVO WRITING FOR RECOVERY  
Cambridge  
10.30am - 12.30pm  
(3 of 4)  | PLANNING FOR STAYING WELL  
Cambridge  
10.30am - 12.30pm  
(3 of 3)  | COLLEGE CLOSED  |
| LET’S TALK ABOUT… WEARING A RAINBOW BADGE  
Cambridge  
1.30pm - 3.30pm  
(1 of 1)  | JOURNALING & SCRAPBOOKING  
Cambridge  
1.30pm - 3.30pm  
(3 of 4)  | E, D & I UNDERSTANDING CULTURE  
Cambridge  
1.30pm - 3.30pm  
(1 of 1)  |  |
| COLLEGE CLOSED  | NEXT STEPS: GROUP SESSION  
Peterborough  
10am - 12noon  
(2 of 2)  | TRAIN THE TRAINER  
Peterborough  
9am - 5pm  
(2 of 3)  | LET’S TALK ABOUT… SELF-DISCLOSURE  
Peterborough  
1.30pm - 3.30pm  
(1 of 1)  | COLLEGE CLOSED  |

**Week 10**

<table>
<thead>
<tr>
<th>Mon 02 December</th>
<th>Tue 03 December</th>
<th>Wed 04 December</th>
<th>Thu 05 December</th>
<th>Fri 06 December</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

**NEXT STEPS: GROUP SESSION**  
Peterborough  
10am - 12noon  
(2 of 2)

**TRAIN THE TRAINER**  
Peterborough  
9am - 5pm  
(2 of 3)

**LET’S TALK ABOUT… SELF-DISCLOSURE**  
Peterborough  
1.30pm - 3.30pm  
(1 of 1)

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## AUTUMN 2019 TIMETABLE

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<tr>
<th>Mon 09 December</th>
<th>Tue 10 December</th>
<th>Wed 11 December</th>
<th>Thu 12 December</th>
<th>Fri 13 December</th>
</tr>
</thead>
</table>
| EXPLORING OUR LANDSCAPES  
Cambridge  
10.30am - 12.30pm  
(4 of 4) |  | CREATIVE WRITING FOR RECOVERY  
Cambridge  
10.30am - 12.30pm  
(4 of 4) |  | WINTER CRAFTS  
Cambridge  
10.30am - 3.30pm  
(1 of 1) |  |
|  | COLLEGE CLOSED |  |  | COLLEGE CLOSED |
| NEXT STEPS: GROUP SESSION  
Cambridge  
1.30pm - 3.30pm  
(2 of 2) |  | JOURNALING & SCRAPBOOKING  
Cambridge  
1.30pm - 3.30pm  
(4 of 4) |  |  |  |

**Week 11**

<table>
<thead>
<tr>
<th>Mon 09 December</th>
<th>Tue 10 December</th>
<th>Wed 11 December</th>
<th>Thu 12 December</th>
<th>Fri 13 December</th>
</tr>
</thead>
</table>
| COLLEGE CLOSED |  | BREATHING SPACE  
Peterborough  
10.30am - 12.30pm  
(3 of 3) |  |  |  |
|  |  |  | TRAIN THE TRAINER  
Peterborough  
9am - 5pm  
(3 of 3) |  | COLLEGE CLOSED |
|  |  | LET'S TALK ABOUT... CPFT PRIDE LANGUAGE  
Peterborough  
1.30pm - 3.30pm  
(1 of 1) |  |  |  |

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### AUTUMN 2019 TIMETABLE

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#### AUTUMN TERM 2019 ENDS – FRIDAY 13 DECEMBER 2019

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Courses may be subject to change or cancellation. Please note the college requires a minimum number of six students to register for each course, if the minimum number of students is not reached then the course will be cancelled. We apologise for any inconvenience this may cause.

Courses in **Cambridge** are listed first & shaded blue. They will be held at **Recovery College East**, 128-130 Tenison Road, Cambridge, CB1 2DP unless otherwise indicated.

Courses in **Peterborough** are listed second & shaded green. They will be held at **Recovery College East**, Gloucester Centre, Morpeth Close, Orton Longueville, Peterborough, PE2 7JU unless otherwise indicated.