

Just a reminder...



Cambridgeshire and Peterborough
NHS Foundation Trust

Smoke Free Must Do's

All staff must not smoke any tobacco containing product

- whilst on duty
- during paid working hours
- at any time where their uniform is visible and /or displaying their staff badges
- in NHS owned vehicles or any vehicle leased or rented by the Trust, or whilst on duty especially when transporting work colleagues, patients and/or equipment
- when representing the Trust in work time



Smoking Cessation

Each clinical area must have designated member(s) of staff who have completed Level 2 training in smoking cessation, provided by the local NHS Smoking Cessation Services.

Clinical Staff

- All clinical staff will be responsible for asking patient about their smoking behaviour.
- All staff must offer support on stopping smoking, and offer NRT (Nicotine replacement Treatments)
- All staff must complete the on-line VBA (Very Brief Advice) on stop smoking.
- All staff must be aware of the smoke free referral pathway into CAMQUIT or Peterborough Stop smoking services.
- Staff must not purchase tobacco products for patients in any setting.
- Staff must not escort patients to smoke either on Trust property, or in the community, including during escorted leave. Where a patient refuses to comply, the staff can ask that they refrain from smoking whilst out on escorted leave.
- Community patients will be asked to refrain from smoking whilst Trust members of staff are visiting their homes. If a patient is smoking or starts to smoke during a visit, the member of staff may leave if the patient refuses to refrain
- Electronic cigarettes and vapes are permitted for use by inpatients in designated areas e.g. ward gardens.

Under 18 year olds

- NRT and/or smoke cessation will be offered to any inpatients under 18 years old.

We are committed to enhancing the health and wellbeing of all its patients, employees, contractors and visitors; and we want to continue all the good work to keep moving forward to promote and develop Smoke free.

Over the last year we have made many developments to promote CPFT Smoke free, including:

- training staff on Level 2 smoke cessation, MECC (making every contact count) and VBA (Very Brief Advice).
- Wellbeing display boards, leaflets and display screens with healthy lifestyle messages
- Regular meetings with community teams and external agencies, i.e. Public Health England, CAMQUIT and Peterborough stop smoking services.

Key Documentation

Trust Smoke Free Policy: <http://nww.intranet.cpft.nhs.uk/>

Useful Contact

Nora O'Shea, CPFT Wellbeing Coordinator/Staff Governor
The Cavell Campus, Bretton Gate, Peterborough, PE3 9GZ
Nora.O'Shea@cpft.nhs.uk / Telephone 01733 776000