



Cambridgeshire and Peterborough NHS Foundation Trust

Headlines



Our Lead Governor steps down

I finish my five years' term of office as Lead Governor at the end of March. It has been an immensely rewarding experience to work with a Council of Governors that brings together such a wide range of experiences and skills, and with a Trust that values the contribution of Governors.

It's a varied role: Chairing meetings, representing Governors at system events, presenting staff awards and most recently, leading the appointment of the Trust's new Chair.

The pandemic made some of the things I wanted to do more difficult, such as better engagement with members. However, many of my goals have been achieved like the fact that Governors are better at holding Non-Executive Directors (NEDs) to account for the performance of the Trust, with NEDs presenting at Council of Governors meetings and Governors accompanying them on visits.

I wish my successor all the best – you will have a great time!

Trust Chair ends her term in office

Julie Spence is to step down from her role as Chair of our Trust in May 2023 when she reaches the end of the maximum amount of time she can serve.

In her nine years as Chair, Julie has been a constant champion of our staff and services. She has steered the Trust through the many changes and challenges of

the local health system and has always led the Board and Governors with the utmost professionalism.

Her wise counsel has been vital and she will leave a tremendous legacy which we will continue to build upon. We have already begun the recruitment process to find her successor, which is a Governor-led process, and we will keep you informed as that process continues.

News/ Information

The Care Quality Commission (CQC) has presented the Trust with the findings of the inspections that took place at the Mulberry 1 and 2 wards at Fulbourn Hospital and the adult mental health inpatient wards at the Cavell Centre.

Chief Executive Anna Hills said she was pleased the inspectors had recognised the considerable improvements that have taken place since their initial visit in May.

Anna said: “They praised the work that has gone on involving patient observations and staff training. They recognised the work that has been undertaken by colleagues at Mulberry 2 in a number of areas, including promoting sexual safety. The warning notice previously issued by the CQC has now been removed.”

Although the inspectors have rated the adult mental health inpatient service as “requires improvement,” Anna said: “We believe this is a reflection of the fact that our work is still on-going, in particular how we translate the learnings of the Mulberry wards to the Cavell Centre.”

Inspector said, “the Trust is well-placed to continue improvements” and praised staff morale as well as the efforts to recruit additional staff.

The Trust’s overall rating of “good” remains and Anna praised the work of teams. The report can be viewed on the CQC website.

New team ready to React

Senior practitioner Zoe Furness and therapy assistant practitioner Jo Streetly are among the members of a new Trust team who are helping elderly people who have been left stricken by falls at home.

Zoe, Jo and their colleagues are part of the React service and in their response vehicles - which are operating seven days a week from 8am to 8pm - their aim will be to get to people who have fallen in their homes and offer them a rapid clinical

assessment. Referrals to the React Team can be made in a number of ways including via GPs, the Lifeline alarm service or via the East of England Ambulance Service.



How to get involved

Please participate, if you can, in the meetings of the **Council of Governors**, which are open to Members and the public, online via Zoom. Anyone can attend and the next one will be **Thursday, 30 March from 5.30pm to 7.30pm**. You just need to contact the Trust Secretariat Team at foundationtrust@cpft.nhs.uk to register your interest and request the Zoom meeting link a day before the meeting latest.

Join the Public Board Meetings

The CPFT Board of Directors comprises Executive and Non-Executive Directors, led by a Non-Executive chair, who meet bi-monthly. The Board is responsible for ensuring that the Trust is accountable to the public for the services it manages <https://www.cpft.nhs.uk/board-of-directors/>

Meetings are held via Zoom until further notice. Papers are on the website a week before and links to the meeting are provided then too. If you have questions about these meetings contact us, at the latest, the day before the meeting at corporateoffice@cpft.nhs.uk

The next meetings will take place on:
Wednesday, 29 March, 10am-12.30pm
Wednesday, 24 May, 10am-12.30pm

Participation and Partnership Forum

The Participation and Partnership Forum is CPFT's forum for people who have used its services. Anna Tuke, Associate Director for Involvement and Partnerships is responsible for the Participation and Partnership Forum. Please contact anna.tuke@cpft.nhs.uk, for further information and the link for the meeting.

CPFT's Voluntary Services

Volunteers are recruited from the communities we serve including people who are retired, students, employed and unemployed.

Volunteering presents many opportunities for people to use and enhance their skills or share their knowledge and develop a sense of purpose or increase their self-confidence. It also offers opportunities to learn and gain experience in many different areas of the Trust. To talk to one of our Voluntary Services team, register your interest in a role or discuss an opportunity, please contact the team at Volunteers.CPFT@cpft.nhs.uk

Events

Dr Ben Underwood will be giving an online talk in May, date to be confirmed, about the range of research happening in the Trust, how it benefits patients and staff and what the potential is for the future.

He will include a discussion of the Trust's role in developing the Oxford AstraZeneca coronavirus vaccine and new treatments for Alzheimer's disease. You will receive an email invitation in due course.

Ben first joined CPFT in 2002. He has been a junior doctor in the Trust, a consultant, clinical director of the older people's directorate and deputy medical director. He is currently Research and Development Director and honorary consultant psychiatrist in the Trust and assistant Professor at the University of Cambridge.

Member E-Bulletin feedback

Please do email with constructive feedback about this e-bulletin at foundationtrust@cpft.nhs.uk

Kind regards
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