

## Attention and Listening Activity Ideas

### Ready, steady....Go!

When playing 'Ready, Steady, Go!' games the child is encouraged to wait for the adult to say "Go" for the activity. You can then gradually increase the amount of time the child has to wait for "Go".

You could use:

Ball rolling game

Car rolling game

Bubbles

Blowing up a balloon and then letting it go.

Building a tower together and then knocking it down.

Car run



### Turn Taking games

Play simple games and take turns, e.g. posting, fishing, ball rolling, tower building, jigsaw puzzle.

### Hide and Seek

Hide toys that make a noise and encourage the child to try and find the toy by listening to it.

Fill items such as yogurt pots or tubs with different things, e.g. rice, bells etc. and listen to the different sounds together.

### Sound Lotto games

Play the sounds and encourage the child to point to the picture that matches the sound. There are various app versions of this activity if you have a phone/tablet. You could also buy or make one.

### Listening Walk

Go on a walk and listen to all of the different things you can hear, e.g. birds, lawn mower, cars, people talking, phone ringing.

### Musical Instruments

Listen to the different sound the instruments make, play a beat and encourage the child to copy. Hide the instruments under a blanket and play an instrument, see if the child can guess what instrument you played.

### Musical Bumps/ statues

Play music and dance, then when the music stops 'bump' to the floor or stand still for statues.